



Umpiring Coaching

Philosophy & Principles

UMPIRING

FIELD UMPIRING

Philosophy

- Set the standard in the first 10 minutes
- Be assertive but remain composed
- Player Safety is a priority – High Contact & Dangerous tackles are a focus
- Protect the Ball Player - If in doubt, ERR on the side of the ball player
- Pay the first free kick
- Consistent decision making – React to the obvious & blatant
- **ZERO** tolerance for umpire abuse
- Control the players in your zone
- Hold the Whistle, let the play unfold - Don't guess
- Don't switch off or stop umpiring

Principles

- Side on to the contest
 - Anticipate and sprint when needed
- Maintain an appropriate distance from play:
 - – 20-25m
 - Work rate to be in position.
- Protect the ball player by:
 - Seeing ball players head and shoulders
 - Can see the ball (but not watching the ball)
 - Delay the vision when needed - last act of play
- Strong / Respectful Communication
 - Strong whistle
 - Control the game with Voice
 - Work as a team
 - Let the players know what you want
 - Be respectful and communicate about decisions if you have the opportunity
- Take positive action through:
 - Paying free kick against a player for umpire abuse
 - Pay a 50m penalty when appropriate!
 - Send Off or Report when appropriate